

# Women's Music Circle



2008 Women's Circle with Anne Hills and Peggy Seeger.

Photo: Bill Spence



## Fre Atlas

Musical Activist, Performer, Teacher of Music and Drumming. Current school residencies in Dutchess and Ulster Counties, NY teaching drumming and music to ages 3 to 9. Certified Level 1 Trainer in Kingian Nonviolence Reconciliation, University of Rhode Island. Co-producer The Annual Catskill Mountain Womens World Drum and Percussion Happen'n, Established in 1998. As Program Director of The Elders Drum Project, a

non-profit community arts organization, Fre has recently orchestrated the opening of "The Drum Depot", a center for drum based community programs. Performing regularly with Victoria Christgau, together they direct the "Peace is Possible Chorus". They have been performing songs of Peace and Justice as a duo, with the Chorus, and, in the ensemble "Women of the World", in concerts schools and festivals throughout the Northeast. Fre also performs with "Sirius Coyote" playing music of the Americas, "IABAS"- All Women Brazilian Folkloric Band and "Birds of a Feather" Woodstock Community Drum Ensemble.

To find out more about her work, go to:

[www.eldersdrumproject.org](http://www.eldersdrumproject.org)



## emma's revolution

"The powers that be can control the media but it's hard to stop a good song... Pat's songs will be sung well into the 22nd century."  
—Pete Seeger on National Public Radio's *All Things Considered*

"Bold, profound, moving, hilarious and transformative," emma's revolution is the duo of award-winning, activist musicians, **Pat Humphries & Sandy O.** Many in New York State will be familiar with Pat from her years living there, performing at OldSongs and Clearwater festivals and for her song, "**Swimming to the Other Side**," which she wrote during that time. "Swimming" was later featured on NPR's *All Things Considered* in a segment with Pat's mentor and friend, Pete Seeger that garnered a huge response from listeners. Now based in the Washington, DC area, emma's revolution continues the tradition of activist songwriting, bringing their uprising of truth, hope and a dash of healthy irreverence to concerts and peace & justice, LGBT, women's & human rights events across the US and abroad. They have performed by invitation at the World Culture Open in Seoul, Korea, the Scottish Parliament's Festival of Politics, Palestine & Israel, and, in December 2007, in Santiago, Chile with Holly Near. Their song, "If I Give Your Name" won Grand Prize in the John Lennon Songwriting Contest and "Peace, Salaam, Shalom" and "Keep on Moving Forward" are sung around the world. The duo are sought-after performers, teachers and presenters on songwriting, music and social change, and activism. emma's revolution is currently completing their first book, *An Uprising of Hope*, which will be published in October 2009 by North Atlantic Books.

[www.emmasrevolution.com](http://www.emmasrevolution.com)



[www.oldsongs.org](http://www.oldsongs.org)

State of the Arts



NYS Arts

Old Songs programs are made possible by public funds from the New York State Council on the Arts, a State Agency.

# Women's Music Circle



April 17 & 18, 2009

featuring

emma's revolution  
(Pat Humphries & Sandy O)  
& Fre Atlas



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Friday, April 17, 2009

For, With  
and By Women  
Open Mic

Hosts: Pat & Sandy

7:30 pm \$3



Saturday, April 18, 2009

9:30 am - 5:30 pm

9:00 am **Registration**

9:30-11:00 **Finding Harmony - Pat and Sandy**  
Expand your knowledge or come as a beginner. Experience creative harmonizing as we explore breathing, vocal warm-ups and, that time-honored tradition, listening.

11:00-12:30 **Song Circle**

12:30-1:45 **Lunch Social**  
Bring a covered dish to share  
Coffee, Juice, Water provided

1:45-3:15 **Power of the Drum - Fre Atlast**  
Learn techniques for developing spiritual healing drumming practices. Also, drumming and meditation, and the rhythms of the seasons. If possible, bring your own drum. Some drums available.

3:30-5:30 **Keep On Singing Loudly:  
The Power of Politics and Song**  
- Pat and Sandy  
How has music informed and propelled social justice movements of the past? What's happening now? How can we use music to fuel today's progressive movements for peace, workers' rights, the environment, etc.? Learn, discuss and sing together.

Evening Concert

with

emma's  
revolution  
& Fre Atlast

Open to the public

8:00 pm \$20

REGISTRATION

Name (s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

**WEEKEND DISCOUNTED TICKETS**

\$55 Fri. eve + Sat. 'til 5pm x \_\_\_\_\_ = \$ \_\_\_\_\_

\$75 Fri., Sat. + Concert x \_\_\_\_\_ = \$ \_\_\_\_\_

**INDIVIDUAL TICKETS**

**Friday Evening (7:30 pm)**

\$3 Open Mic x \_\_\_\_\_ = \$ \_\_\_\_\_

**Saturday Classes**

Saturday Classes are limited to 30 registrants.

\$20 Finding Harmony x \_\_\_\_\_ = \$ \_\_\_\_\_

\$20 Power of the Drum x \_\_\_\_\_ = \$ \_\_\_\_\_

\$20 Keep on Singing x \_\_\_\_\_ = \$ \_\_\_\_\_

**Saturday Evening Concert (8pm)**

\$20 emma's revolution x \_\_\_\_\_ = \$ \_\_\_\_\_

\$1 Handling chg. = \$ 1.00

**Total = \$ \_\_\_\_\_**

I have enclosed a check or money order for the total amount made out to **Old Songs, Inc.**

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